

## 2018 BGCOW Women's Retreat Information

April 20-21

Registration for Quall Springs Baptist Church

Register online at: [www.bgcowomen.org/womensretreat](http://www.bgcowomen.org/womensretreat)

Group Leader: Paula Vawter

Accommodations: select "OKC Quail Springs" on the drop-down registration menu re: Church attending with

\*They will place all of the QSBC ladies in the same cabin and tell us which cabin we will be staying in a couple of weeks before the retreat.

Cost: Early Deadline March 23: Adults \$75, Students \$50

March 24- April 3: \$85 for all ages

**Carpool Plan:** Transportation will be on your own.

### Worship:



#### Eden Trentham

Eden believes music is one of the most powerful expressions we have, to heal our hearts, to connect us, and to worship God. She is married to the kid's pastor at Broken Arrow, First. They have been married for two years and in December of 2016 welcomed their first baby, Aspen Grace, into the world. She is head over heels for this baby girl and loves the new phase of being a mom. Her heart is for worship to be a catalyst for encouragement

and connection, and she cannot wait to worship with you!

### Speakers:



#### Kay Arthur

Kay Arthur's exciting, practical approach to the Scriptures has influenced thousands to use the Precept™ Inductive Bible Study Method in their personal studies. Her distinguished Christian character, Bible teaching, championing of biblical literacy, and national radio and television programs motivate others to discover truth for themselves. Kay's passion is for people to be established in God's Word.

At the age of 29, a divorced mother of two working as a nurse, Kay called in sick to the hospital where she was working because she was sick at heart, sick over the life of sin she had been living. She had a religion but did not possess a relationship with God. On the morning of July 16, 1963, she fell on her knees as a sinner and rose as pure and whole in the Lord's sight. "For 'Whoever will call upon the name of the LORD will be saved'" Romans 10:13, (NASB). "Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come" (2 Corinthians 5:17, NASB). She hungered and thirsted for the Word of truth and began studying the Bible. Her relationship with the Lord and scriptural findings turned her sorrows into joy and her mourning into laughter.



### **Katherine Wolf**

Katherine Wolf is survivor and storyteller, advocate and evangelist. In 2008, at the age of 26, she nearly died from a catastrophic brainstem stroke. Her survival and recovery, not to mention that of her marriage and family, have been nothing short of miraculous. Katherine and her husband, Jay, are in full-time ministry together through HOPE HEALS, leveraging their story to encourage those with broken bodies, broken brains, and broken hearts. Engaging both faith-based and secular communities, they seek to bridge the gap between those disabled on the outside and those disabled on the inside with the hope that Jesus brings healing to the deepest pains we all carry. They co-authored their first

book, HOPE HEALS, published by Zondervan in April 2016. They currently reside in Los Angeles with their two sons, James and John.



### **Ruth Chou Simons**

Ruth is an artist, author, entrepreneur, and speaker. Ruth is most interested in how the gospel intersects her daily life, and longs to see beauty and truth together in any creative medium. Her first book, GraceLaced: Discovering Timeless Truths Through Seasons of the Heart with Harvest House Publishers released on September 1, 2017. She's an unlikely mom to six young boys and

wife to Troy, with whom she leads GraceLaced's small but mighty team. When not painting, writing, and casting vision for GraceLaced.com, Ruth is usually busy eating chips and salsa, sorting laundry, cooking for large crowds, not finishing her sentences, and discovering off-beaten paths in the wild with her guys. She is a devotee of pho, a recovering perfectionist, a converted four-wheeling enthusiast, and a believer in waiting upon her Redeemer through every season.

Ruth, Troy and their boys call both Los Ranchos, New Mexico, and the Western slope of Colorado, near Durango, home and spend their time chasing sunsets as much as possible.

### **Activities:**

Zipline: Located by the Rounds Corner concession area. NOTE: For your safety, you will be weighed. The weight limit is 250 pounds; however, the scale will not show your weight.

High Rope Elements and Walk-Up Recreation: Located in the Amphitheatre.

Prayer Experience: Located in the Wynn Missions Center throughout the weekend. We encourage you to visit the Prayer Experience. This is a time for you to get away, speak to the Lord, and be prayed over. This prayer experience will be open before and after each general session.

Annual 5K Run and Walk: Saturday at 7:00 a.m. Please meet in front of the Jordan Welcome Center. All participants will need to pre-register on Friday evening following the general session in the North Lobby. Walkers will follow runners. The first 50 finishers will receive a BGCO Women's Retreat 5K pin. Everyone who participates will receive an official running bib.

## Schedule:

Friday, April 20:

1:00 p.m. Registration Open  
2:00 p.m. Recreation Open  
3:00 p.m. Pre-Session Breakout  
Ruth Chou Simons  
4:00 p.m. Pre-Session Breakout  
Katherine Wolf  
5:00 p.m. Dinner  
Recreation Closes  
6:00 p.m. Invitation Training  
6:30 p.m. Doors Open  
7:00 p.m. GENERAL SESSION  
Kay Arthur  
9:00 p.m. Late Night

Saturday, April 21:

7:00 a.m. 5K & Recreation Open  
7:30 a.m. Breakfast  
8:30 a.m. Doors Open  
9:00 a.m. GENERAL SESSION  
Katherine Wolf  
Offering  
Ruth Chou Simons  
11:30 a.m. Lunch  
Recreation Open  
12:30 p.m. Doors Open  
1:00 p.m. GENERAL SESSION  
Kay Arthur  
3:00 p.m. Dismiss

## What to bring:

- Bible
- Pen & notebook
- Pillow & bedding for a twin size bed or sleeping bag
- Toiletries
- Towel
- A jacket... Temperature in the tabernacle is perfect for some and cool for others

**Questions:** If you have any questions please contact Paula Vawter at [women@qsb.org](mailto:women@qsb.org)