**Don’t Get Fooled by Worry**

Luke 12:22-34

**Luke 12:22 (ESV)**And He said to His disciples, “Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on.

**Luke 12:23 (ESV)**For life is more than food, and the body more than clothing.

**Luke 12:24 (ESV)**Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds!

**Luke 12:25 (ESV)**And which of you by being anxious can add a single hour to his span of life?

**Luke 12:26 (ESV)**If then you are not able to do as small a thing as that, why are you anxious about the rest?

**Luke 12:27 (ESV)**Consider the lilies, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these.

**Luke 12:28 (ESV)**But if God so clothes the grass, which is alive in the field today, and tomorrow is thrown into the oven, how much more will He clothe you, O you of little faith!

**Luke 12:29 (ESV)**And do not seek what you are to eat and what you are to drink, nor be worried.

**Luke 12:30 (ESV)**For all the nations of the world seek after these things, and your Father knows that you need them.

**Luke 12:31 (ESV)**Instead, seek His kingdom, and these things will be added to you.

**Luke 12:32 (ESV)**“Fear not, little flock, for it is your Father’s good pleasure to give you the kingdom.

**Luke 12:33 (ESV)**Sell your possessions, and give to the needy. Provide yourselves with moneybags that do not grow old, with a treasure in the heavens that does not fail, where no thief approaches and no moth destroys.

**Luke 12:34 (ESV)**For where your treasure is, there will your heart be also.

1. **Worry steals your life.**

**Luke 12:22 (ESV)**And He said to His disciples, “Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on.

**Luke 12:23 (ESV)**For life is more than food, and the body more than clothing.

1. **Worry suffocates your trust.**

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**Romans 8:31 (ESV)**What then shall we say to these things? If God is for us, who can be against us?

**Romans 8:32 (ESV)**He who did not spare His own Son but gave Him up for us all, how will He not also with Him graciously give us all things?

1. **Worry squanders your time.**

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**Luke 12:29 (ESV)**And do not seek what you are to eat and what you are to drink, nor be worried.

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**Philippians 4:6 (ESV)**Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

**Philippians 4:7 (ESV)**And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

**1 Peter 5:6-7 (ESV)**

Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, casting all your anxieties on Him, because He cares for you.

1. **Worry sidetracks your purpose.**

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