**Getting Rid of Guilt**

Psalm 32:1-5

**Psalm 32:1 (NKJV)**Blessed is he whose transgression is forgiven, Whose sin is covered.

**Psalm 32:2 (NKJV)**Blessed is the man to whom the Lord does not impute iniquity, And in whose spirit there is no deceit.

**Psalm 32:3 (NKJV)**When I kept silent, my bones grew old Through my groaning all the day long.

**Psalm 32:4 (NKJV)**For day and night Your hand was heavy upon me; My vitality was turned into the drought of summer. Selah

**Psalm 32:5 (NKJV)**I acknowledged my sin to You, And my iniquity I have not hidden. I said, “I will confess my transgressions to the Lord,” And You forgave the iniquity of my sin. Selah

1. **God carries away our transgressions.**

**Psalm 32:1 (NKJV)**Blessed is he whose transgression is forgiven …

1. **God covers our sin.**

**Psalm 32:1 (NKJV)**Blessed is he … whose sin is covered.

**Psalm 32:3 (NKJV)**When I kept silent, my bones grew old Through my groaning all the day long.

**Psalm 32:4 (NKJV)**For day and night Your hand was heavy upon me; My vitality was turned into the drought of summer. Selah

**Proverbs 28:13 (NKJV)**He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy.

1. **God clears our name.**

**Psalm 32:2 (NKJV)**Blessed is the man to whom the Lord does not impute iniquity.

**Psalm 32:5 (NKJV)**I acknowledged my sin to You, And my iniquity I have not hidden. I said, “I will confess my transgressions to the Lord,” And You forgave the iniquity of my sin. Selah