**Healing Your Hidden Hurts**

Psalm 147:1-6

**Psalm 147:1 (NKJV)**Praise the Lord! For it is good to sing praises to our God; For it is pleasant, and praise is beautiful.

**Psalm 147:2 (NKJV)**The Lord builds up Jerusalem; He gathers together the outcasts of Israel.

**Psalm 147:3 (NKJV)**He heals the brokenhearted and binds up their wounds.

**Psalm 147:4 (NKJV)**He counts the number of the stars; He calls them all by name.

**Psalm 147:5 (NKJV)**Great is our Lord, and mighty in power; His understanding is infinite.

**Psalm 147:6 (NKJV)**The Lord lifts up the humble; He casts the wicked down to the ground.

1. **God heals every hurt you bring to Him.**

**Psalm 147:3 (NKJV)**He heals the brokenhearted and binds up their wounds.

**Exodus 15:23 (NKJV)**Now when they came to Marah, they could not drink the waters of Marah, for they were bitter. Therefore the name of it was called Marah.

**Exodus 15:26 (NKJV)**For I am the Lord who heals you.

**Jeremiah 17:14 (NKJV)**Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for You are my praise.

1. **God understands how much you hurt.**

**Psalm 147:4 (NKJV)**He counts the number of the stars; He calls them all by name.

**Psalm 147:5 (NKJV)**Great is our Lord, and mighty in power; His understanding is infinite.

**Psalm 34:17 (NKJV)**The righteous cry out, and the Lord hears, and delivers them out of all their troubles.

**Psalm 34:18 (NKJV)**The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.

1. **God works even through your deepest hurts.**

**Psalm 147:6 (NKJV)**The Lord lifts up the humble; He casts the wicked down to the ground.

**Genesis 50:20 (NKJV)**But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive.

**How to maintain the healing …**

* *Daily prayer*
* *Bible reading*
* *Conscious praise*
* *Standing firm against Satan*
* *Constantly forgiving others*

**John 17:26 (NKJV)**And I have declared to them Your name, and will declare it, that the love with which You loved Me may be in them, and I in them.