**Jesus, Lord of the Sabbath**

Luke 6:1-11

**Luke 6:1 (ESV)**On a Sabbath, while He was going through the grainfields, His disciples plucked and ate some heads of grain, rubbing them in their hands.

**Luke 6:2 (ESV)**But some of the Pharisees said, “Why are you doing what is not lawful to do on the Sabbath?”

**Luke 6:3 (ESV)**And Jesus answered them, “Have you not read what David did when he was hungry, he and those who were with him:

**Luke 6:4 (ESV)**how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?”

**Luke 6:5 (ESV)**And He said to them, “The Son of Man is lord of the Sabbath.”

**Luke 6:6 (ESV)**On another Sabbath, He entered the synagogue and was teaching, and a man was there whose right hand was withered.

**Luke 6:7 (ESV)**And the scribes and the Pharisees watched Him, to see whether He would heal on the Sabbath, so that they might find a reason to accuse Him.

**Luke 6:8 (ESV)**But He knew their thoughts, and He said to the man with the withered hand, “Come and stand here.” And he rose and stood there.

**Luke 6:9 (ESV)**And Jesus said to them, “I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?”

**Luke 6:10 (ESV)**And after looking around at them all He said to him, “Stretch out your hand.” And he did so, and his hand was restored.

**Luke 6:11 (ESV)**But they were filled with fury and discussed with one another what they might do to Jesus.

1. **Appreciate the Value of the Sabbath**

**Luke 6:1 (ESV)**On a Sabbath …

**Genesis 2:2 (ESV)**And on the seventh day God finished His work that He had done, and He rested on the seventh day from all His work that He had done.

**Exodus 20:8 (ESV)**Remember the Sabbath day, to keep it holy.

**Exodus 20:9 (ESV)**Six days you shall labor, and do all your work,

**Exodus 20:10 (ESV)**but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates.

**Exodus 20:11 (ESV)**For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

**Isaiah 58:13 (ESV)**If you turn back your foot from the Sabbath, from doing your pleasure on My holy day, and call the Sabbath a delight and the holy day of the Lord honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly;

**Isaiah 58:14 (ESV)**then you shall take delight in the Lord, and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of the Lord has spoken.

**Mark 2:27 (ESV)**And [Jesus] said to them, “The Sabbath was made for man, not man for the Sabbath.”

**Acts 20:7 (ESV)**On the first day of the week, when we were gathered together to break bread …

**1 Corinthians 16:2 (ESV)**On the first day of every week, each of you is to put something aside and store it up …

**Revelation 1:10 (ESV)**I was in the Spirit on the Lord’s day …

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**Power > load creates positive margin**

**Load > power creates negative margin**

1. **Avoid the Abuse of the Sabbath**

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**Luke 6:11 (ESV)**But they were filled with fury …

**Legalism: The reduction of life to mere technicalities.**

**Romans 14:5 (ESV)**One person esteems one day as better than another, while another esteems all days alike. Each one should be fully convinced in his own mind.

**Romans 14:6 (ESV)**The one who observes the day, observes it in honor of the Lord. The one who eats, eats in honor of the Lord, since he gives thanks to God, while the one who abstains, abstains in honor of the Lord and gives thanks to God.

1. **Acknowledge the Lord of the Sabbath**

**Luke 6:11 (ESV)**But they were filled with fury and discussed with one another what they might do to Jesus.

**Matthew 12:14 (ESV)**But the Pharisees went out and conspired against Him, how to destroy Him.

**Luke 6:5 (ESV)**And He said to them, “The Son of Man is lord of the Sabbath.”

**Daniel 7:13 (ESV)**I saw in the night visions, and behold, with the clouds of heaven there came one like a son of man, and He came to the Ancient of Days and was presented before Him.

**Daniel 7:14 (ESV)**And to Him was given dominion and glory and a kingdom, that all peoples, nations, and languages should serve Him; His dominion is an everlasting dominion, which shall not pass away, and His kingdom one that shall not be destroyed.

**Luke 9:22 (ESV)**The Son of Man must suffer many things and be rejected by the elders and chief priests and scribes, and be killed, and on the third day be raised.

**Luke 12:40 (ESV)**You also must be ready, for the Son of Man is coming at an hour you do not expect.

**Luke 19:10 (ESV)**For the Son of Man came to seek and to save the lost.

**Luke 21:36 (ESV)**But stay awake at all times, praying that you may have strength to escape all these things that are going to take place, and to stand before the Son of Man.

**Luke 22:69 (ESV)**But from now on the Son of Man shall be seated at the right hand of the power of God.