

“Parenting Well in Our Culture”

Generation Z Information:

These students were born between 1999 and 2015. There is between 69 and 70 million and teens, making them the largest American generation yet.

There are six forces that are forming this generation according to the Barna Research Group:

1. **Technology** – The internet is at the core of Gen Z’s development. This alone is a powerful influence on their world view, mental health, sleep patterns, daily schedules, and relationships. Devices are constantly on their person and on their minds.
2. **Worldview** – Their world view is highly inclusive and individualistic. This open-minded group of young people is sensitive to other’s experiences and feelings and they are wary of asserting any one view as wrong or right.
3. **Identity** – Their assorted views on gender identity and expression are just one-way teens are wrestling with how to accept and affirm other people, to create safe-space where each person can be oneself without being judged or threatened.
4. **Parents** –They seem to have a complicated dynamic with their family. They admire their parents, but they don’t feel family relationships are central to their sense of self – a major departure from other generations.
5. **Security** – Gen Z has come age in a post 9-11 world. Many of them are anxious about their future. Their goals revolve around professional and financial security, their aim is to be happy.
6. **Diversity** – They are the most racially, religiously, and sexually diverse generation in American history. They expect people to have different beliefs and have a greater appreciation for social inclusiveness compare to generations before them.

Parenting Resources

Books

- *Christ Centered Parenting* by Russell Moore and Phillip Bethancourt
- *Parenting* by Paul David Tripp
- *Family Worship* by Donald Whitney
- *The Tech-Wise Family* by Andy Crouch
- *Age of Opportunity* by Paul David Tripp
- *12 Ways Your Phone is Changing You* by Tony Reinke
- *Onward* by Russell Moore

- *Counter Culture* by David Platt
- *Is God Anti-Gay* by Sam Allberry
- *What does the Bible Really Teach about Homosexuality* by Kevin DeYoung
- *Transgender* by Vaughan Roberts
- *Generation Z* by Barna Research Group
- *Within Reach* by Ben Trueblood
- *A Different Kind of College Experience* by Ben Trueblood and Brian Mills

Websites

- <https://cpyu.org/resources/>
- <https://homeword.com/families/>
- <https://erlc.com/resource-library/articles/recently-added>
- <https://growingleaders.com/blog/>

Articles used in Presentation

- How to teach your children to handle peer pressure by Joe Carter
- Are we raising good or godly kids? By Mary C. Wiley
- How should we parent as Christians in America by Brittany Salmon
- How to raise changing children in a changing culture by Melissa Kruger
- 6 Steps to raise your kids up in Christ in this difficult world by Dr. Josh Daffern
- Pop culture and parenting: 3 tips for shaping your children's worldview by Nathaniel Williams
- 3 Ways to disciple our children at home by Jenna Fleming
- Combatting Cultural Influences by Shawn Alyne Strannigan
- Equipping Parents to Raise Christ-Centered Kids in a Complex Culture by Aaron Earls