

Facing Your Fears
Psalm 56

Psalm 56:1 (NKJV)

Be merciful to me, O God, for man would swallow me up; fighting all day he oppresses me.

Psalm 56:2 (NKJV)

My enemies would hound me all day, for there are many who fight against me, O Most High.

Psalm 56:3 (NKJV)

Whenever I am afraid, I will trust in You.

Psalm 56:4 (NKJV)

In God (I will praise His word), in God I have put my trust; I will not fear. What can flesh do to me?

Psalm 56:5 (NKJV)

All day they twist my words; all their thoughts are against me for evil.

Psalm 56:6 (NKJV)

They gather together, they hide, they mark my steps, when they lie in wait for my life.

Psalm 56:7 (NKJV)

Shall they escape by iniquity? In anger cast down the peoples, O God!

Psalm 56:8 (NKJV)

You number my wanderings; put my tears into Your bottle; are they not in Your book?

Psalm 56:9 (NKJV)

When I cry out to You, then my enemies will turn back; this I know, because God is for me.

Psalm 56:10 (NKJV)

In God (I will praise His word), in the Lord (I will praise His word),

Psalm 56:11 (NKJV)

In God I have put my trust; I will not be afraid. What can man do to me?

Psalm 56:12 (NKJV)

Vows made to You are binding upon me, O God; I will render praises to You,

Psalm 56:13 (NKJV)

For You have delivered my soul from death. Have You not kept my feet from falling, that I may walk before God In the light of the living?

1. The Reality of Fear

Psalm 56:1 (NKJV)

Be merciful to me, O God, for man would swallow me up; fighting all day he oppresses me.

Psalm 56:2 (NKJV)

My enemies would hound me all day, for there are many who fight against me, O Most High.

Psalm 56:5 (NKJV)

All day they twist my words; all their thoughts are against me for evil.

Psalm 56:6 (NKJV)

They gather together, they hide, they mark my steps, when they lie in wait for my life.

2. The Reaction of Faith

Psalm 56:3 (NKJV)

Whenever I am afraid, I will trust in You.

Psalm 56:4 (NKJV)

In God (I will praise His word), in God I have put my trust; I will not fear. What can flesh do to me?

Psalm 56:7 (NKJV)

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In God I have put my trust; I will not be afraid. What can man do to me?

“My biggest fear is never taking a risk in an effort to find my true calling.” – Anthony, New York City.

“My greatest fear is to go through life living small but not realizing it until it’s too late.” – Rebekka, Stuttgart, Germany.

“My greatest fear would be missing out on my purpose here on earth. ... I know I have a purpose that I am not yet serving.” – Danielle, Sacramento.

“My greatest fear is regretting all that I didn’t do, as I lay in my hospital bed as an elderly man.” – Ralph, North Brunswick

3. The Requirement of Following

Psalm 56:12 (NKJV)

Vows made to You are binding upon me, O God; I will render praises to You,

Psalm 56:13 (NKJV)

For You have delivered my soul from death. Have You not kept my feet from falling, that I may walk before God In the light of the living?

*Other people can help you, but only Jesus can heal you.
Only Jesus can heal you, but other people can help you.*