

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

Scripture

John 20:1-10

Session Summary

It had been a difficult three days full of uncertainty, grief, and fear. To be associated with Jesus meant to be potentially guilty by association of the same crime, deserving the same fate. Yet, this news brought the disciples out of their homes and to the tomb. For both the women running to the disciples and the disciples running to the tomb, news concerning their beloved Jesus required immediate action. Jesus' resurrection inaugurates His kingdom on earth, giving His followers freedom from the oppression of sin and death because His resurrection declares Him victorious.

Conversation Questions

- How would we have responded if we were the disciples hearing the news of Jesus' resurrection for the first time?
- Why should the resurrection matter to us today?
- How does knowing the resurrection actually happened compel us to share the gospel with others?
- Because Jesus is victorious, what are some ways we can live in victory over our sin?

Family Challenge

Host a small running challenge for your family! It can be a race down the street or across your front yard. Put a \$5 bill (or some other prize) at the end of the race. The first person who reaches the prize wins! After you complete the running challenge, discuss why the disciples ran to the tomb and how it must have felt that their risen Savior was the prize waiting for them at the end.