

SHAPE UP!


Print the word that belongs in each commandment. Hint: The word shapes can help you!


The entirety of
your word is truth,
each of your
righteous judgments
endures forever.
PSALM 119:160
(CSB)

1.  only God.


6. Do not .

2. Do not worship .

7. Keep your marriage .

3. Do not misuse God's .

8. Do not .

4. Remember, the  is
God's special day.

9. Do not .

5.  your parents.

10. Do not want what  have.

name

promises

steal

Worship

murder

Sabbath

lie

Honor

idols

others

GOD HELPS US OBEY

In the Bible, God tells us what He wants us to know and do. It is sometimes hard to obey God's commands, but we can ask God to help us obey. Pray, asking God to help you obey His Word this week.

BIBLE STUDIES FOR LIFE®

1

CONVERSATION

God Gave the Commandments

EXODUS 19–20; 31:18

God brought the Israelites out of Egypt where they had been slaves. They traveled through the desert, away from Egypt and slavery.

One day, Moses went up Mount Sinai, a very large mountain. God told Moses a message for the people: “You have seen how great I am. If you obey Me, I will make you My own people.”

When Moses told the people God’s message, they answered, “We will do everything God said.”

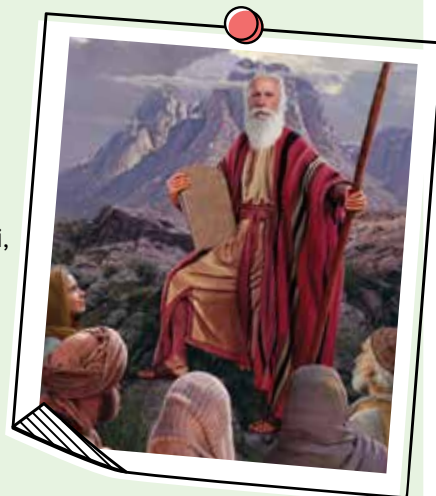
God told Moses how the people should get ready to hear His commands. They washed their clothes and prepared to hear from God. They were to come to the mountain but not to go up it.

On the third day, thunder rumbled! Lighting flashed! A thick cloud covered the mountain. A loud trumpet sounded! The people shook with fear! Moses went up the mountain when God told him to come.

God told Moses the Ten Commandments. Worship only God. Do not worship idols (objects that people worshiped). Do not misuse God’s name. Remember the Sabbath is God’s special day. Honor your parents. Do not murder. Keep your marriage promises. Do not steal. Do not lie. Do not want what others have.

The people were afraid when they heard the thunder and saw smoke, but Moses comforted them. He explained that God wants people to respect Him and to avoid doing wrong. The people stood watching as Moses went further toward where God was.

When God finished speaking with Moses, He gave Moses the two tablets of stone where God Himself had written the laws.



THE BIBLE MEETS LIFE

Today your child heard that God tells us in the Bible what He wants us to do. After God saved the people from Egyptian slavery, He led them to a mountain where He gave Moses and the people the Ten Commandments.

LIVE IT OUT

As a family recall the Ten Commandments. Check your memory by reviewing the Bible story or opening a Bible to Exodus 20:3-17. Talk about the Ten Commandments with your child. Play a game to determine who can name all Ten Commandments in order.

LEVEL OF BIBLICAL LEARNING

The Bible helps people know more about God, Jesus, and the Holy Spirit.

DAILY BIBLE READING

Sunday: Psalm 119:105

Monday: Psalm 1:2

Tuesday: Psalm 119:118

Wednesday: 2 Timothy 2:7

Thursday: Hebrews 4:12

Friday: 1 Timothy 4:13

Saturday: John 15:7

WEEKLY BIBLE VERSE: Psalm 119:105

LIFE POINT: In the Bible, God tells us what He wants us to know and do.

TAKE IT FURTHER: Check out *God Gave the Commandments* in Bible Studies for Life: LifeWay Kids App.

